

## **ANTHONY DE LONGIS BIO**



My career journey has literally taken me around the world and my work in film and television to distant galaxies and lands of adventure, fantasy and boundless imagination. Its included successes as an Actor, Voice Artist, Fight Director, Sword Master, Whip Master, Action Coordinator, Director, Weapons Expert and Teacher / Trainer to the Stars. I just marked my 50th year as a working show business professional. I began performing Shakespeare at the Old Globe Theater in SD in 1973 and I've created memorable acting and action roles in thirteen countries on five continents. In eleven of those countries I enjoyed the incomparable view and heart pounding perspective only possible from the backs of spirited horses, another fulfillment of a lifelong dream.

Along the way I've met and worked with some of the most amazingly talented and creative people in the world. Some were quite famous, most like myself were looking to survive in the arts by doing the best they could at whatever the job happened to be that day. To earn another week, another month, another year, another decade to follow their dreams. For most of us a career in entertainment is a marathon, not a sprint. You must never stop learning and adding to your skills. Knowledge creates choices and your art and individuality is showcased by the choices you make. Knowledge gives you the tools to constantly re-invent yourself to take full advantage of opportunities you're able to create by all that you continue to learn. Reinvention and diversity are the secret to career longevity in show business.

Creative action is 'physical dialogue' and one of our most powerful storytelling tools to build multi-dimensional characters that emotionally invest the audience in our character's journey. I specialize in helping Actors and Action Performers, Stunt Coordinators and Directors create exciting character driven action to make the most of their project's character and story opportunities.

I have a mantra that has sustained me, inspires me and keeps me in the game.

"You can only wing it if you develop the skills to fly."

"If I'm not getting better, I'm just getting older. And there is only one of those things I can do anything about."